

# SOUTH DAKOTA YMCAs...

Kara is 16-years-old and has special needs that have prevented her from reading beyond a second grade level. Katie is 14-years-old and for all practical purposes is acting as mom for her sister. You see, they live in a motel with their mother and their mother's boyfriend. Plus, their mom is in and out of jail because of drug charges. These poor girls don't have a chance.

Well that's what some caring person thought when she referred the girls to the YMCA. They received their sponsored memberships a year ago and can now be seen every day after school at one of the Y outreach centers. Through caring Y staff and tutors Katie went from failing every class to now having a C average. The girls went from not being sure what they were going to eat to getting good nutrition. And above all, they now have an oasis of stability in the midst of their tumultuous lives.



*"Their favorite part of the day for 72 persons with disabilities from Oahe Inc. is coming to the Y."*

## ...YOUR PARTNER...

- Over **3,400 kids** build friendships, new skills and self-confidence in YMCA camping programs each summer.
- SD YMCAs received **\$2.3 million** in contributions to help provide youth development and healthy living programs.
- Nearly **\$1.5 million** in financial assistance was given last year specifically for kids and families from economically disadvantaged backgrounds to participate in YMCA programs and activities.
- Over **52,000 children**, women and men are active, engaged members and program participants in SD YMCAs.
- Over **26,800 South Dakota adults** achieve healthier lifestyles through wellness programs that include arthritis relief, Diabetes Prevention and swimming.
- YMCAs are collectively the largest provider of after school programs in South Dakota. Nearly **2,300 kids** are active in YMCA after school programs every day.



## ...IN BUILDING COMMUNITIES.

- Over **3,200 people** serve as volunteers in SD YMCAs.
- SD YMCAs partner with over **100 government and nonprofit entities** in providing valuable community services.

Camp DreamMakers is a camp specifically for kids from age 5 to 18 who have a physical, hearing, speech, vision, gross motor, or neurological impairment. The purpose of the camp is to let the kids have fun and just be themselves. The campers make new friends and participate in community activities that they otherwise would not be able to do. These special need children require almost a staff/volunteer for each camper. Some activities they get to experience are swimming, fishing, go-carts, bumper boats, boat rides, bowling, and many others.

# ALLIANCE OF SOUTH DAKOTA YMCAs

## Aberdeen Family YMCA

[www.aberdeenymca.org](http://www.aberdeenymca.org)  
605-225-4910

## Custer YMCA

[www.rcymca.org](http://www.rcymca.org)  
605-673-5134

## Edgemont YMCA

[www.rcymca.org](http://www.rcymca.org)  
605-662-7254

## Oahe Family YMCA

[www.oaheymca.org](http://www.oaheymca.org)  
605-224-1683

## Sioux Falls YMCA

[www.siouxfallsymca.org](http://www.siouxfallsymca.org)  
605-336-3190

## Sioux Indian YMCAs

[www.siouxymca.org](http://www.siouxymca.org)  
605-365-5232

## YMCA of Rapid City

[www.rcymca.org](http://www.rcymca.org)  
605-718-9622



## ALLIANCE OF SOUTH DAKOTA YMCAs

Aberdeen – Cheyenne River Reservation  
Custer – Edgemont – Pierre – Rapid City  
Sioux Falls

# BUILDING COMMUNITIES TOGETHER